

GENDER ALLIANCE OF THE SOUTH SOUND TRANSGENDER RESOURCE GUIDE

HEALTH CLINICS

BRIDGES HEALTH CARE

www.bridgeshealth.com

3817 6th Ave.

Tacoma, WA

Executive Director

Mildred L. Smith, MM

253-209-2532

mildred@bridgeshealth.com

Medical Director

Sandra G. Colvard, ND

253-230-1727

DrSandy@bridgeshealth.com

COMLETE WOMEN'S HEALTH CARE

200 Lilly Road NE, Suite 152

Olympia, WA 98506

360-754-9409

www.cwhcoly.com

Julie A. Dybbro (ARPN) – recommended by Tom (transman) Spring 2008

Margaret D. Zimmerman (ARPN)

Have treated transwomen

Recommended by Jeanie (2008)

COMMUNITY HEALTH CARE CLINICS

Downtown Tacoma

1102 S. I St.

Tacoma, WA 98444

253-597-3813

Eastside Tacoma

1728 E. 44th St.

Tacoma, WA 98404

253-4553

Lakewood

10510 Gravelly Lake Dr. SW

Lakewood, WA 98499

253-589-7030

Parkland

11225 Pacific Ave.

Tacoma, WA 98444

253-536-2020

"Community Health Care Parkland", at Pacific Avenue just south of 112th Street, is very friendly to T folks and is a good source of both general medical care and hormones at reasonable prices. --
Deb Withrow

Tacoma
3611 S. D St. (at Pacific & 36th St.)
Tacoma, WA 98404
253-404-0737

Spanaway
134 188th St. S.
Spanaway, WA 98387
253-847-2304

Sumner
1110 Fryar Ave.
Sumner, WA 98390
253-863-0406

Lakewood/Tillicum/American Lake Area
14916 Washington Ave. SW
Lakewood, WA 98498
253-589-7027

Women's Health
1213 S. 11th St.
Tacoma, WA 98405
253-597-4163

Urgent Care
10510 Gravelly Lake Dr. SW
Lakewood, WA 98499
253-722-1837

COUNTRY DOCTOR CLINIC
500 19th Ave. E., Seattle, WA 98112
206-299-1600
Dr. Brad Roter

EMERALD CITY MEDICAL ARTS
<http://www.ecmedicalarts.com>
Dr. Michael Rosenfeld

PIERCE COUNTY BREAST & CERVICAL HEALTH
Free health exam for women over 40
3629 S. D St.
Tacoma, WA 98418
253-798-2987

PIKE MARKET MEDICAL CLINIC
1930 Post Alley
Seattle, Washington 98101
206-728-4143 phone \ 206-682-0363 fax
Dr. Teresa Murphy

QUEEN ANNE MEDICAL ASSOC.
200 W. Mercer
Suite 104

Seattle, WA 98119
(206) 281-7163
Dr. Linda Gronko

PHYSICIANS / MEDICAL PROFESSIONALS

DR. ELLEN HARDIN

209 Martin Luther King Jr Way, Group Health Cooperative Tacoma, WA
253-383-6120
Can only see Group Health patients

DR. DAVID SCHUMER (MD, General Practice)

Auburn Regional Medical Center
202 N. Division, Suite 404, Auburn, WA 98001
253-804-3483
Recommended by Cameron (F-t-M), 2008

Dr. Cathryn Woon (Chiropractor, Acupuncturist)

115 S. 8th St., Tacoma, WA 98402
253-272-9959
Recommended by Cameron (F-t-M), 2008

PSYCHO-THERAPISTS / PSYCHOLOGISTS / PSYCHIATRISTS / COUNSELORS

MARILYN BOYLE (MA, MTS)

www.marilynboyle.com
917 Pacific Ave., Suit 306
Tacoma, WA 98402
253-572-7926
marilyn@marilynboyle.com

JANA EKDAHL (MA, LMHC)

1020 E. John St., Suite 202
Seattle, WA 98102
206-355-2294
janaekdahl@msn.com
jekdahlseattle@msn.com

DR. PATRICIA FAWVER (Ph.D)

7406 27th St. W.
University Place, WA 98466
253-564-8408
Highly recommended by GASS members.

TERESA HOLT (MSW)

253-692-5826
tholt@u.washington.edu

DR. ANNE A. LAWRENCE (MD, Ph.D, MA)

6801 28th Ave. NE
Seattle, WA 98115

(206) 323-7462
alawrence@mindspring.com
<http://www.annelawrence.com/practice.html>

NAOMI B. KNOBLE (M.Ed)

917 Pacific Ave.
Tacoma, WA 98402
253-651-1909
www.naobmiknoble.com
Couples/Family Counseling, LGBT issues
Sliding Scale fee

MARCIA MATTHEAI (MTS, M.Ed)

(pronounced Matt-ay)
615 N. 2nd St., Tacoma, WA 98403
253-761-8808 ext. 1
Recommended by Cameron (F-t-M), 2008

DONALD ZIMMERMAN

360-871-6535

HAIR & NAILS

BENNO OF GERMANY

Hair and Nail Design
3025 Union Ave.
Tacoma, WA
253-272-7577

CAMPAINÉ HAIR DESIGN

904 S. 4th St.
Tacoma, WA 98405
253-274-8594

CELEBRITY NAILS

Parkland
253-538-2049

IMAGE TANNING

Tanning, hair design and accessories
402 E. 26th St.
Tacoma, WA
253-476-4507

HAIR REMOVAL

AUBURN ELECTROLOGY & SKIN CARE

Carol Kirkland

3605 Orchard St. SE
Auburn, WA 98092

253-333-0485
www.auburnskincare.com

A NEW LOOK SALON

Electrolysis, massage, skin care
Brook Guinn
2501 East D St. Suite 211
Tacoma, WA 98003
253-941-5855
www.anewlookbybrook.com

AMERICAN LASER CENTER

Wendy
4707 S. 19th St.
Tacoma, WA 98406
253-759-3737
Recommended by Vicky, 2008

ELECTROLYSIS BY VICKI

Vicki Stout
3000 Limited St.
Olympia, WA
360-870-3607
Recommended by Vicky, 2008

MONROE ELECTROLOGY

Leanne Monroe
12303 Meridian E., Suite 300
253-278-6909
Recommended by Jeanie (2008)

RESTAURANTS / BARS / CLUBS

AIRPORT BAR & GRILL

5406 S. Tacoma Way
Tacoma, WA 98409
253-475-9730
Primary gay men, transgender friendly

CHICA'S CAFÉ

Latin Fusion Cuisine
105 Legion Way SW
Olympia, WA
360-705-2529

CLUB SILVERSTONE

Night Club/Gay Bar
739 1/2 Saint Helens Ave
Tacoma, WA 98402
253-404-0273

JAKE'S ON 4TH AVENUE

Night Club/Gay Bar

311 4th Ave. E.
Olympia, WA 98501
360-956-3247

URBAN ONION

116 Legion Way
Olympia, WA 98501
360-943-9242
Gay Bar, transgender friendly

FINANCIAL CONSULTANTS/PROFESSIONALS

MAGGIE WEBB

Certified Public Accountant
4907 162nd St. Ct. E
Tacoma, WA 98446
253-531-6105

FILM/VIDEO RECOMMENDATIONS

“SECOND SERVE”

The Renee Richards Story
Starring Vanessa Redgrave
1986 TV Movie

“TRANSAMERICA”

Starring Felicity Huffman
2005 Movie

“GLEN OR GLENDA”

Starring (director) Ed Wood
1953 Movie

BOOK RECOMMENDATIONS

(TRANSGENDER)

“TRANSGENDER WARRIORS”

Leslie Feinberg
1998

“GENDER OUTLAW”

Kate Bornstein

(TRANSSEXUALS)

“TRUE SELVES”

Mildred L. Brown and Chloe Ann Rounsley
1996

"CONUNDRUM"

Jan Morris
1970

"SHE'S NOT THERE"

Jennifer Finney Boylan
2003

(CROSSDRESSERS)

"MY HUSBAND WEARS MY CLOTHES": *Crossdressing from the perspective of a wife*

Peggy J. Rudd
1994

"CROSSDRESSERS: AND THOSE THAT SHARE THEIR LIVES"

Peggy J. Rudd
1995

"MY HUSBAND BETTY"

Helen Boyd
2003