



HEALTH CLINICS

Community/Low Income

45th Street Medical & Dental Clinic

206-633-3350

45th Street Youth – Homeless Clinic

206-633-7650

1629 N. 45th

Seattle, WA 98103

Ballard Homeless Medical Clinic

1753 NW 56th Street, Suite 200

Nyer Urness House

Seattle, WA 98107

206-782-5939

Complete Women's Health Care

200 Lilly Road NE, Suite 152

Olympia, WA 98506

360-754-9409

www.cwhcoly.com

Julie A. Dybbro (ARPN) – recommended by

Tom (transman) spring 2008

Margaret D. Zimmerman (ARPN) - Has treated

transwomen. Recommended by Jeanie, 2008

Cedar River Clinics

Renton 1-800-572-4223

263 Rainier Ave S. #200,

Renton, WA 98057

Tacoma 1-800-572-4223

1401-A Martin Luther King Jr Way,

Tacoma, WA 98405

Community Health Care Clinics

Downtown Tacoma

1102 S. I St.

Tacoma, WA 98444

253-597-3813

No walk in, app only. New patients sometimes need to call back for appointment in about a month.

Eastside Family Medical Clinic

1728 E. 44th St. Tacoma, WA 98404

253-4553 (253) 471-4553 / Pharmacy

(253) 284-2226

Urgent Care

10510 Gravelly Lake Dr. SW

Lakewood, WA 98499

Milgard Family Dental

1708 E. 44th St, Tacoma, WA 98404

(253) 572-7002

Lakewood

10510 Gravelly Lake Dr. SW

Lakewood, WA 98499

253-589-7030

Lakewood Family Dental

(253) 589-7188

Community Health Care Parkland

11225 Pacific Ave.

Tacoma, WA 98444

253-536-2020 / Pharmacy (253) 536-6257

“Very friendly to T folks and is a good source of both general medical care and hormones at reasonable prices.”

Deb Withrow

Tacoma

3611 S. D St. (Pacific & 36th St.)

Tacoma, WA 98404

253-404-0737

Spanaway

134 188th St. S.

Spanaway, WA 98387

253-847-2304

Sumner

1110 Fryar Ave.

Sumner, WA 98390

253-863-0406

Lakewood/Tillicum/American Lake Area

14916 Washington Ave. SW

Lakewood, WA 98498

253-589-7027

Clinic Obstetrics & Gynecology

Kimi & George Tanbara, MD Health Center

1708 E. 44th St, Tacoma 98404

(253)597-4163

253-722-1837 *Need clinic nurse for referral, open evening & Saturdays 24 hour Nurse Hotline (253) 922- 4778



Country Doctor Clinic

500 19th Ave. E., Seattle, WA 98112
206-299-1600
Daily hours vary
Saturday @ Carolyn Downs Family Medical Center

Carolyn Downs Family Medical Center

2101 E. Yesler Way, Suite 200 Seattle, WA 98122
(206) 299-1900

Emerald City Medical Arts

<http://www.ecmedicalarts.com>
Dr. Michael Rosenfeld
16 Roy St., Seattle WA 98109
(206) 281-1616
Fax: (206) 282-7371 (on Queen Anne)

Greenwood Medical Clinic

415 North 85th Street
Seattle, WA 98103
206-782-8660

High Point Medical & Dental Clinic

6020 35th Avenue SW
Seattle, WA 98126
206-461-6950

Lake City Medical Clinic

12721 30th Avenue NE, Suite 101
Seattle, WA 98125
206-417-0326

McDermott Place Medical Clinic

12736 33rd Avenue NE, Suite 200
Seattle WA 98125
206-367-0150

Pierce County Citrine Health

1(888) 651-8931
Manger stated that they do have a written policy regarding treating transgender clients, "we have a written policy regarding treating ALL clients. Manager stated, call the 888 numbers and request to enroll. She stated in general that FTM clients can certainly have free exam if they are approved. She mentioned that MTF approval, in general, is not necessary to get the exam.

Pike Market Medical Clinic

1930 Post Alley
Seattle, Washington 98101
(206) 728-4143 / (206) 728-1687
Fax: (206) 682-0363 / (206) 956-1018

Queen Anne Medical Assoc.

200 W. Mercer
Suite 104 Seattle, WA 98119
(206) 281-7163 (Do Not Leave Urgent Messages)
Fax: (206) 281-5088
Dr. Linda Gronko

Rainer Beach Medical & Dental Clinic

9245 Rainer Avenue South
Seattle, WA 98118
206-722-8444

Rainer Park Medical Clinic

4400 37th Avenue South
Seattle WA, 98118
206-461-6957

DENTAL PROVIDERS

Community/Low Income

Bates Dental Clinic (ages 5 to adult)

Full services clinics, DSHS, Code CNP required; Reduced fees full services clinic, Dentures, Partials and Bridges; Monday – Thursdays from 8am to 3pm
1101 S. Yakima Ave. Room #E – 202 A, Tacoma, WA
253-680-7310
253-680-7314 (Denture Clinic)

Kids Choice Dental

Ellen Poiskey, DDS – ABCD Certified Pediatric Dentistry Only, Birth – 9yrs old
DSHS, private insurance
Offers nitrous, conscious sedation, and general anesthesia for treatment, Office hrs vary
9317 113th St E., Suite A Puyallup, WA
253-848-7000

Community Health Care – Tacoma (Various Languages) Family Dental Clinic (Ages 0 – Adult)

DSHS, private insurance, Emergency Care, general dentistry, Monday – Friday, from 7am to 5:30pm
1708 E 44th St, Tacoma, WA
253-572-7002

Community Health Care – Lakewood (Various Languages) Family Dental Clinic (Ages 0 – Adult)

DSHS, private insurance, Emergency Care, general dentistry, Monday – Friday, hrs vary



Transgender Resource Guide

10510 Gravelly Lake Drive, Lakewood, WA
253-589-7188

Lindquist Dental Clinic for Children (Age 0 – 18) ABCD Certified, DSHS, sliding fee scale, general dentistry, Military (no co-pay), Private insurance
Monday – Friday 8am to 5pm
130 131st St So. Tacoma, WA
253-539-7445

Lindquist Dental Clinic –Gig Harbor
8502 Skansie Ave, Gig Harbor
253-853-2002

Pierce College Dental Hygiene Clinic (age 4 to Adult) DSHS, CNP required, low fees, free initial assessment, Cleaning and x-rays, No Emergency Care
Monday – Friday (hrs vary)
9401 Farwest Drive SW, Lakewood, WA
253-964-6694

SeaMar Dental Clinic (Children 5 to Adult)
English and Spanish, DSHS, private insurance, Emergency Care, General dentistry, Monday – Friday 8 am to 5pm
1112 Cushman Ave., Tacoma, WA
253-593-2144

SeaMar Children’s Dental Clinic (Infant to 18)
English and Spanish, DSHS, private insurance, Emergency Care, Monday – Friday, from 8am to 5pm
10217 125th St, Ct E., Puyallup, WA
253-864-4760

Anzi Dental Center Tacoma
DSHS, private insurance, general dentistry (hrs vary)
3711 Pacific Ave., Suite 300, Tacoma, WA
253-671-9966

George Brain, DDS (Infant to 16) ABCD Certified, DSHS, private insurance, pediatric dentistry, Monday – Thursday 8am to 5:30pm
1901 S. Union #B – 3008, Tacoma, WA
253-572-9777

Children’s Dentistry (infant to 8)
Willie McCullum, DDS, PS – ABCD Certified, DSHS, military, private insurance, flexible payment plans, general dentistry, conscious sedation, Monday – Friday from 8:30am to 5:30pm

4002 S. M. St., Tacoma, WA
253-474-0606

Dental Village (Birth to 18 yrs old)
Robin Jones, DDS – ABCD Certified, DSHS, private insurance, payment plans, general dentistry, Monday – Thursday from 8am to 5pm
4218 S. St, Suite 220, Tacoma, WA
253-476-0556

Excellent Dental Care Center (Age 0 to Adult) (Vietnamese, Russian, Spanish, English)
ABCD Certified, DSHS, private insurance, payment plans, general dentistry, Monday – Friday from 8am to 5pm
1212 S. 11th St., Suite 20, Tacoma, WA
253-272-6242

M Street Dentistry (Vietnamese, Russian, Spanish, English)
Tren Dang, DMD – ABCD Certified, DSHS, private insurance, reduced fees, sliding fee scale, general and cosmetic dentistry, Monday – Saturday from 9am to 6pm
3815 S. M St., Tacoma, WA
253-476-8003

Everlast Family Dental Clinic
DSHS, private insurance, general dentistry
Monday – Friday 9am to 6pm
1212 S. 11th St # 47, Tacoma, WA
253-573-0070

PHYSICIANS / MEDICAL PROFESSIONALS

Ellen Hardin MD internist
Group Health only
209 Martin Luther King Jr Way Coop Tacoma
253-383-6120 HRT expert

Chris Coppeans MD general practitioner
Group Health only
209 MLK Way, Tacoma, WA 98405
(253) 596-3300

Vivian Blanco MD
412 Black Hills Lane SW, Ste A
Olympia, WA 98502
(360) 352-7779
Fax: (360) 352-5175

Teresa Murphy MD



Transgender Resource Guide

200 W. Mercer St, Suite 104 Seattle, WA 98119
(206) 728-1687

Corinne Heinen MD

UW Physicians Belltown Clinic
2502 2nd Ave., Suite 200 Seattle, WA 98121
(206) 443-0400

Dr. David Schumer MD General Practice
Auburn Regional Medical Center
202 N. Division, Suite 404, Auburn, WA 98001
253-804-3483

Dr. Cathryn Woon Chiropractor, Acupuncturist
115 S. 8th St., Tacoma, WA 98402
253-272-9959

John Gray, MD
Community Health Care
Lakewood, WA
Franciscan Medical Group
(253) 539-9700

Sharon McCrae, MD
(Seattle Associate of Dr. Marci Bowers)
Christina – nurse
(253) 328-3200

Peter Shalit MD, Ph.D.
Asst: J. Steve Mayo
1120 Cherry St. #320
Seattle, WA 98104-2023
(206) 624-0688
psmd@mac.com / Peter@Tribalmed.com

Jeffrey Olliff, MD
1120 Cherry St. #320 Seattle, WA 98104
(206) 624-6104

Allen Gregg South, MD
Nordstrom Medical Tower
1229 Madison St, Suite 610 Seattle, WA 98104
(206) 709-8600
Allensouthmd.com
Fax: (206) 215-2690

Frances Broyles MD
Nordstrom Medical Tower
1229 Madison St, Suite 1500 Seattle WA 98104

Robert Killian, MD
1001 Broadway, Suite 207 Seattle, WA 98122
(206) 568-6320

Carol Sheckter, MD

4026 NE 55th St., Suite F Seattle, WA 98105
(206)523-9195

St Peter Family Practice

Lowell Dightman, MD
Lisa Johnson, MD
(360) 438-1161
Olympia WA

Urologists in Olympia

John Farrar, MD (360) 413-8315
Michael Ellen, MD (360) 754-3380

Julie Dybbro ARNP

Complete Women's Health Care
200 Lilly Rd NE #B2
Olympia, WA 98506
(360) 754-9409
Fax: (360) 438-6760
Office Manager Amy Kunkel
Amy-kunkel@comcast.net

Larry Stonesifer MD endocrinologist
34509 9th Ave. S. Suite 200 Federal Way, WA
98003
(253) 927-4777
Fax: (253) 927-6580

Endocrine Consultants NW

Dr. Chen / Dr. Wang?
1628 Mildred St. Suite 104
Tacoma, WA 98465

PSYCHO-THERAPISTS / PSYCHOLOGISTS / PSYCHIATRISTS / COUNSELORS

Many with sliding scale fee structures

Marilyn Boyle MA, MTS
www.marilynboyle.com
917 Pacific Ave., Suite 306
Tacoma, WA 98402
253-572-7926
marilyn@marilynboyle.com

Jana Ekdahl MA, LMHC
1020 E. John St., Suite 202
Seattle, WA 98102
206-355-2294
janaekdahl@msn.com
jekdahlseattle@msn.com

Dr. Patricia Fawver Ph.D.



7406 27th St. W.
University Place, WA 98466
253-564-8408
Highly recommended by GASS members

Teresa Holt MSW
253-692-5826
tholt@u.washington.edu

Naomi B. Knoble M.Ed.
917 Pacific Ave.
Tacoma, WA 98402
253-651-1909
www.naobmiknoble.com
Couples/Family Counseling, LGBT issues
Sliding Scale fee

Marcia Mattheai MTS, M.Ed.
(pronounced Matt-ay)
615 N. 2nd St., Tacoma, WA 98403
253-761-8808 ext. 1

Donald Zimmerman
360-871-6535

Diana Savege * Need to go through intake and request her. Valley Cities Counseling & Consultation- Renton (253) 833-7444

HAIR REMOVAL

Auburn Electrology & Skin Care
Carol Kirkland
3605 Orchard St. SE
Auburn, WA 98092 253-333-0485
www.auburnskincare.com

A New Look Salon
Electrolysis, massage, skin care
Brook Guinn
2501 East D St. Suite 211, Tacoma
253-941-5855
www.anewlookbybrook.com

Electra Spa (2 locations)
Nanci Vargas
3716 Pacific Ave Suite F
Tacoma, WA 98418
253-431-2039

American Laser Center
4707 S. 19th St.
Tacoma, WA 98406
253-759-3737

Monroe Electrology
Leanne Monroe
4111 S. Meridian
Puyallup, wa 98373
253-278-6909
253-278-6909